



NURSING & REHABILITATION COMMUNITY

Norwalk's Community Corner

February 2021 | 921 Sunset Dr, Norwalk, IA 50211
Phone: 515-981-0604 | norwalknursingandrehab.com

Featured Employee: Jenny Stallbaumer



Hello, my name is Jenny Stallbaumer, I am the new Director of Nursing. I currently live in Cumming, IA. I have 3 grown children that live close by that I can see often. I also have 2 golden retriever's which are incredibly smart and perfect. I started out my nursing career in Dialysis and then found long term care. I thoroughly enjoy this area of nursing. Long term is where my heart is! I am excited to get to know all the residents and families here at Norwalk Nursing and Rehab. I truly feel blessed to be able to work here!



Happy Birthday!

Residents

- Sharon E. Feb. 11th
- Elias "Leo" O. Feb. 11th

Staff

- Alex F. Feb. 1st
- Mallorie R. Feb. 2nd
- Shanna L. Feb. 6th
- Wayne W. Feb. 12th
- Theresa B. Feb. 22nd
- Brittany H. Feb. 22nd
- Diana E. Feb. 22nd

Pie in Face



Our Employee of the Month: Kendra!



Norwalk Nursing and Rehab. Community

February 2021 Calendar

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|--|---|---|---|--|
| | 1 10:00 Cards 11:20 Moving With Music 1:30 Bingo 2:30 Relaxation hour | 2 10:00 Puzzle 11:20 Moving With Music 1:30 Wii 2:30 Relaxation hour 4:00 Paint Nails | 3 11:20 Moving With Music 12:00 Shop for Residents 2:00 painting 3:00 Relaxation Hour | 4 10:00 Name 10 things 11:20 Moving With Music 1:15 Movie | 5 11:20 Moving With Music 3:30 Relaxation Hour National wear Red day. | 6 11:20 Moving With Music 2:00 Bingo |
| 7 9:00 Church (TV) 2:00 Crafts (Make valentines day cards) 4:00 Super Bowl | 8 10:00 Trivia 11:20 Moving With Music 1:30 Bingo 2:30 Relaxation hour | 9 10:00 Puzzles 11:20 Moving With Music 1:30 Wii 2:30 Relaxation hour 4:00 Paint Nails National Pizza day. | 10 11:20 Moving With Music 2:00 Resident Council 3:00 Relaxation Hour | 11 10:00 Connect 4 11:20 Moving With Music 2:00 Bingo National Peppermint patty day Happy Birthday Sharon & Leo | 12 10:00 Baking 11:20 Moving With Music 2:00 Valentines King and Queen announced | 13 11:20 Moving with Music 2:00 Movie |
| 14 VALENTINE'S DAY 9:00 Church (TV) 2:00 Music and Relaxation  | 15 PRESIDENTS DAY 10:00 Cards 11:20 Moving With Music 1:30 Bingo 2:30 Relaxation hour  | 16 10:00 Puzzle 11:20 Moving With Music 1:30 Wii 2:30 Relaxation hour 4:00 Paint Nails | 17 11:20 Moving With Music 12:00 Shop for Residents 2:00 Coloring 3:00 Relaxation Hour | 18 10:00 Name 10 things 11:20 Moving With Music 2:00 Sample wines National drink Wine day | 19 10:00 Baking 11:20 Moving With Music 2:00 Snow Ball fight 2:30 Relaxation Hour | 20 11:20 Moving With Music 2:00 Bingo |
| 21 9:00 Church (TV) 2:00 Paint 4:00 Residents Choice | 22 10:00 Cards 11:20 Moving With Music 1:30 Bingo 2:30 Relaxation hour | 23 10:00 Puzzles 11:20 Moving With Music 1:30 Wii 2:30 Relaxation hour 4:00 Paint Nails | 24 11:20 Moving With Music 2:00 Ice Cream 3:00 Relaxation Hour | 25 10:00 Connect 4 11:20 Moving With Music 2:00 Bingo | 26 10:00 Make Chili 11:20 Moving With Music 2:00 Would you Rather? National Chili day | 27 11:20 Moving with Music 2:00 Movie |
| 28 9:00 Church (TV) 2:00 Music and Relaxation | | 30 | Always Available Menu -Grilled Cheese & Tomato soup - Chicken Noodle Soup & Meat sandwich - Hamburger & Chips - Chef salad - Peanut Butter sandwich | | Birthdays Sharon E. 11th Elias "Leo" O. 11th | |



NURSING & REHABILITATION COMMUNITY

Our Staff

Karah Appleget

Administrator

Jenny Stallbaumer

Director of Nursing

Melany Dann-Aadland

Assistant Director of Nursing

Codee Gerlach

MDS/Nurse Manager

Jill Madonia

Business Office Manager

Janiece DeJonge

Social Services

Micheal Wolfe

Activities Director

Grant Pearson

HR/Payroll Coordinator

Wayne Wehler

Maintenance Director

Maggie Becker

Director of Rehab

Barb Hinds

Dietary Manager

Jordan Kenne

Environmental Supervisor

Our Resident of the Month is Elias "Leo" O.

Leo was born February 11th, 1956 in Crystal City, Texas to Simon and Eva. He has four sisters and two brothers. He met his wife messing around. He has twelve children and 38 grandchildren. Before retirement, he owned his own business.

Leo says an event that was memorable to him growing up was the segregation in the 1960's. He learned to drive when he was 16 years old. He taught himself, with his dad's help. His first car was a 1952 Chevy pickup. When Leo was younger, he enjoyed shooting off fireworks. He still enjoys this! What he has liked best about his life so far is all of it.

His favorite food is spicy food. He has bottles of hot sauce in his room! He likes Mexican food, Sprite and tamales.

His advice for the younger generation is to listen to stay in school.

Leo said if there is something he could have known when he was young that he knows now it would be to take better care of his body.

February – Word Search

Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!



Word List

CARDIAC
 FEBRUARY
 FLOWERS
 FRIEND
 HEALTH
 HEART
 HISTORY
 HOODIE HOO
 PREVENTION
 RED
 SCREENING
 VACCINE
 VALENTINE
 WILDLIFE
 WINTER